

## General Dinner Meeting

Thursday, February 12, 2009  
Mount Virgin Church Hall

## February Luncheon

Wednesday, February 18  
Courtyard by Marriott

# il Ficcanaso



February 2009

Official Bulletin of the Italian Club ... Established April 26, 1920

### President Corner



By Anna Popovich

When I first joined the Italian Club in 1993, never in my wildest dream could I have imagined becoming the first women presi-

dent, 16 years later. This was a man's organization started 90 years ago, with women being separated from the men. Now the women are an active part of the club.

There were several people along the way, those who are no longer with us and at present, who supported and encouraged me, for this I am grateful.

Thank you **Mike Kaczor** who allowed me to participate in becoming an officer. Thank you **Brian DiJulio** for the support over all these years.

Thank you **Mr. Lou Guzzo** for sending me such a heart-warming letter. He by the way just turned 90 years. Lou sends his very best to all the club members. He has so much pride

*Continued on page 2*

## Learn about OrGana Gold Healthy Coffee at February 18 Luncheon

By Nick Grossi

Please note! We have a new location for our luncheon. It will be at the Marriott Courtyard on Westlake across from Lake Union.

Parking is very convenient and free. Just drive through and right into the garage on the lower level. There is an elevator available. The address is 925 Westlake Ave. N. This was where the Christmas party was held.

Our guest speaker is Amanda Fox from OrGana Gold.

The time is 11:30 A.M. for social hour and 12:00 o'clock for lunch. The cost is \$20.00 including taxes and gratuities. Please bring a gift for the raffle. See you there!



### About our speaker ...

Born and raised in Yuma, Arizona, Amanda Fox spent her early business career at corporate headquarters for Sprint Wireless.

Last year she left the industry to found OrGano Gold, "a healthy alternative to a daily habit."

Says Amanda, "I am blessed and honored to be a Founding Member with Gano Gold and I am excited to be given the opportunity to meet all of you at your monthly luncheon on Wednesday, February 18th." "Please make sure you attend so you can try our products for yourself as I will have samples on hand!"



### Deadline Dates for Inputs to Il Ficcanaso for 2009

Issue - Deadline

March - March 2nd

April - March 30th

May - May 4th

June - June 1st

July & August---- no newsletter

September - August 31st

October - September 30th

November - November 2nd

December - November 30th

### General Dinner & Meeting

**THURSDAY, February 12**

**Mount Virgin Church Hall**

**2800 S. Massachusetts Street, Seattle**

**Dinner at 6.30 PM ...**

**Followed by the general meeting.**

### CRAB FEED



It's that time again for the annual crab feed. It was such a success last year and we hope for the same this year.

March 21, 2009 at  
St. Alphonsus Church Hall

Seating is limited so get your reservations right away.

(See flyer on page 4)

### Italian Club Luncheon

**WEDNESDAY, February 18**

**The Courtyard by Marriott**

**925 Westlake Avenue North  
Seattle, Washington**

**Phone: 1-206-213-0100**

## il Ficcanaso

Established April 26, 1920  
Official Bulletin of the Italian Club  
www.italianclubofseattle.org

Editor:

**Nick Grossi**  
(425) 454-5575  
nickgrossi@msn.com

### ITALIAN CLUB OFFICERS FOR 2008

President:

**Anna Popovich**  
(425) 747-6909

Vice President:

**Monte Marchetti**  
425-591-5541

Secretary:

**Dennis Caldirola**  
(206) 282-0627

Treasurer:

**Joe Galluccio**  
(206) 275-4688

Ex Officio:

**Brian DiJulio** (425) 820-4424

Trustees

**Tom Grossi** (425) 557-0071  
**Michael Lazzaretti** (206) 280-6691  
**Diana Kaczor** (206) 232-7880  
**Marty Negrelle** (206) 310-7689 (Cell)  
**Fran Albanese** (425) 672-7133

Sergeant at Arms: **Ron Roletto**

Committee Chairs:

Finance: **Tino Lazzaretti**  
Membership: **Monte Marchetti**  
Day at the Races: **Joe Galluccio**  
Mariner Baseball Night: **Marty Nigrelle**  
Picnic: **Ron Roletto**  
Halloween Party: **Tom & Nancy Grossi**  
Adult Christmas Party: **Diana Kaczor**  
Children's Christmas Party: **Molly Grossi**  
Bylaws: **Barbara Peretti**  
Luncheons: **Carolyn Jackson**  
Scholarship: **Marty Nigrelle**  
Miss Italian Community: **Fran Albanese**  
Facilities: **TBD**  
Health: **Carolyn Jackson**  
Parliamentarian: **Lou Cella**  
Golf Tournament: **Rosanna Bellotti**  
Crab Dinner: **Anna Popovich**

THE ITALIAN CLUB OF SEATTLE, Inc.  
Box 9549  
Seattle, WA 98109  
(206) 282-0627  
www.ItalianClubofSeattle.org

### President Corner

Continued from page 1

and love for The Italian Club, that he wished he was able to be active in the club. God Bless You Lou.

My feelings from the time I joined the club until the present is the same with admiration and respect I have for the people past and present. My

departed brothers would be very proud of me. My brother Fr Carmen Sacco S.J. pastor of St. Rita's Church in Tacoma has been very supportive.

Now we move on to a great year 2009 with all the people who make this club very special. I look forward

### SECRETARY'S REPORT ... February, 2009 *By Dennis Caldirola*

Our latest tally as of January 27th, shows that we have 261 members in the Italian Club and of them, 212 have paid their dues for 2009. Unfortunately, we had one more newly-joined couple resign because of too many social commitments. Also, as per the bylaws, late notices will be mailed to those in arrears on February 16th.

Many of you have responded to our appeal for your email addresses and for that, we are thankful. The day is not too far off when we can do email

"blasts" to keep you appraised of last-minute changes in the calendar due to snow or other circumstances and it also means that many of you can visit www.italianclubofseattle.org and read il Ficcanaso online in glorious color!

If you plan to attend the February meeting, you can save both yourself and the Club 42¢ each by paying your dues in person and having your membership card issued immediately. Please remember to bring your email address.

### Italian Heritage Night with The Seattle Mariners *By Martin Nigrelle*



We are very pleased to announce that the Mariners and Verizon are sponsoring the 3rd Italian Heritage night!

#### Wednesday June 24th 2009, 7:05pm

The Mariners will be hosting the San Diego Padres. The event will include discounted ticket pricing, a specially t-shirt, and an Italian representative to throw out the Group First Pitch. Tickets can be purchased for either the field level or the upper deck, the choice is yours.

#### Pricing:

- \$11 View Reserved Tickets
- \$25 Field Seats

All tickets are available on a first come, first served basis.

The prices listed above include a t-shirt. T-shirts will be printed with a 4-color design just for this event. During the game there will be an announcement regarding Italian heritage attendees just after the 4th inning, and any groups that have 40 or more attendees (no matter where they sit) will have their group name displayed

on the main reader board AND receive two complimentary tickets.

New this year, we are looking into a pre-game meeting place for discounted drinks and snacks, more news in the next issue of *Il Ficcanaso*.

### Winners

**Ron Roletto** conducted the drawings at the January meeting. **Carmen Murray** was the birthday winner for the month. Spirits, coffee cards and dinners were won by **Diana Kaczor, Barbara Peretti, Joe Galluccio, Inez Fournio, Dot Whitney** and **Remo Borracchini, Mia Papsadero, Mike Kaczor, Lou Cella, Ron Roletto, Sharon Pioli, Roy Skibo, Tina Conforti, Sr. Mary Lou, Nick Grossi, Margaret Murray, Delores DeVitis** and **Carmen Popovich**.

**Bill Picchena** won the \$100.00 Progressive Prize but he left early and under the new rules, he was ineligible. The February jackpot will be \$125.00.

FEBRUARY: The month of Love and Presidents. Happy Valentine's Day.

Thank goodness, "NO SNOW or ICE." The cold weather is lingering, but that soon will give way to a warmer sunny spring.

Want to share with you; I am at this time in sunny San Francisco. I came down to attend a friend's Mass and reception. The weather has been cooperative and beautiful. Temperature right now is "69 degrees". Shirtsleeve weather. Having fun and enjoying myself. (Behaving too)

I thank all you for sharing your thoughts about this column. I do the best I can with the info I am given or have. Sometimes a lot and sometimes a little. It's you, our members, and WHAT you are willing to share, that helps your "INFORMER" get the news in print.

I do go on and on. Let's begin. I have a problem each month. How and with what should I begin? Do you mind if we start this month with our 3rd. Wednesday lunch gathering? Our Editor, Nick, has already written the info, but I would like to add my 10 cents. We are going to give it a try this month and have one. "WILL YOU BE THERE?" GOOD.

We have changed the location; there is no parking fee, and no stairs. The date: Wednesday, February 18th. The place--THE COURTYARD, Marriott, and the address is 925 West Lake Ave North, Seattle. (Our Christmas Party was held there.) The price: \$20.00

Our Speaker will be Amanda Fox; she represents "OrGana Gold". A bio is on our cover. I thank **Michael Kaczor** for his assistance in obtaining Amanda. She will have samples of her product for the attendees. Reservations are a must, I'll be happy to take them and your money (\$20.00) at our meeting on February 12. You can call me, but please, no later than Sunday February 15th. Once I have given

the number of reservations to the Event Coordinator, we are committed. So, please, reservations, and door prizes are appreciated. You are always so generous.

The menu: NORTH WEST SALAD, LEMON-ROSEMARY CHICKEN WITH WILD RICE PILAF, DESSERT, AND COFFEE TEA OR ME. (Couldn't resist)

Among the missed Past Presidents at our December luncheon were **Charlotte Pagni** and her Daughter, **Linda Pagni Desimone**, also a past President. Linda called their regrets, due to the weather. She then informed us that Charlotte hasn't been doing that well and asked to be remembered. Let's remember Charlotte and all our Home Bound members in our prayers and thoughts.

Our prayer and remember list gets a little longer this time of year ... it's the weather.

Prayers and sympathy to **Sally Guinasso** and family on the passing of their brother, **Judge Charles Guinasso**. Relatives include **Barbara, Sharon** and **Dawn Peretti**.

We hear that **Carl and Reita Romei** will soon have new addresses. Bless you both.

**Earl Hoffa** is having a difficult time. He was in the hospital and is now at Wash. Care Center, which is close to home, for P.T. Take care Earl and Mary.

Good note, hear that **Mary Lou Leone** is doing much better and is glad to be out and about.

I tried to call **Lena Boitano**, no answer, hope that means good news too. Thoughts and prayers.

It was a special New Year's Eve for the Father of the Bride **Monte, and Margaret Marchetti**. Monte's daughter was married on that special night. Congratulations.

We congratulate Richard and Carol

Riotto and many more years of wedded bliss on their 42nd wedding anniversary. Continued love and happiness to you and yours.

Had a call from **Margaret Murray** and asked for prayers for Carmen, She had another stroke and is now at Anderson House for rehabilitation for a week or two. Prayers are coming your way Carmen and you Margaret.

Congratulations to **Brian DiJulio** on his appointment as the President of the Board of Governors of the Casa Board. We thank **Lou De Laurenti** for his many years of service, time and energy.

Belated Birthday greeting to **Governor Al Rosellini** on his 99th. Birthday. God bless you and many more Governor.

Some of our travelers hope they found the sunshine and had a good time, welcome home:

**Joe & Barbara Galluccio, Jerry & July Lewis** and all you other travelers that were lucky enough to get away from the snow and cold.

In closing, want to share some proverbs that I enjoy.

"Everyone has a photographic memory. Some don't have film."

"Honk if you love peace and quiet."

"On the keyboard of life, always keep one finger on the escape key."

My real favorite, "Accept that some days you are the pigeon and some days the statute." Amen

Take care, see you at the meeting. I'll take your luncheon reservation and money and any news you are willing to share that night. THANK YOU...

LOVE & PEACE. STAY HEALTHY

Your friend, The INFORMER. Carolyn, aka sister.

*New officers being sworn in at January meeting.*



**Italian Club of Seattle**

**FINAL NOTICE**



**Crab Feed**

**Saturday, March 21st - 6pm - \$30 per person**

**All You Can Eat!**

**St. Alphonsus Church Hall**

**5816 15th Ave. NW, Seattle (Ballard) 206-782-4363**

**Delicious Fresh Dungeness Crab!**

**Garlic Bread - Angel Hair Pasta Aioli - Fresh Green Salad**

**Beer/Wine/Pop/Ice Cream - Drawn Butter**

**Buy your Tickets Today!! ... Anna Popovich 425-747-6909**

**Bring your own crab cracker!**

Name \_\_\_\_\_

Address \_\_\_\_\_

Send Me \_\_\_\_\_ Tickets or Reserve \_\_\_\_\_ Tables of Ten for My Family

Here's my check for my Ticket(s) reservation(s)



Mail to: **Anna Popovich** - 1640 180th NE - Bellevue, WA 98008

## Lent in Italy

Italy, with Venice's annual festivities, is much more famous for Carnevale, the day before Lent begins, than it is for the 40-day countdown to Easter. However, among Catholics, who make up the majority of Italy, Lent is the holiest time of year. And there is much work to do in preparation of the anniversary of when Jesus rose from the dead.

Known as Quaresima, or the 40th day, in Italian, Lent is the word Catholics use to describe the fast before Easter. The idea

is to abstain from certain things, especially on Fridays, as penance for our sins, and to reflect on Jesus' resurrection, especially on Sundays during Lent. Forty is a significant number in the Bible - to name a few examples, Moses is on the mountain for 40 days, it rains for 40 days and nights in the story of Noah's Arc, and Jesus spent 40 days in the wilderness praying and fasting, according to religion and Bible experts.

Today, many Catholics - including many Italians - still make

sacrifices or changes during Lent in an attempt to be closer to Jesus. The most well-known tradition during Lent is meatless Fridays. On Ash Wednesday and every Friday until Easter arrives, Catholics refrain from eating any sort of meat. Fish, vegetables, and fruits are acceptable. The very old, the very young, and the sick are exempt from this rule and can eat meat if they so choose. Some Italian Catholics refrain from eating meat on Fridays year round. It's a personal choice and is no longer a Church rule.

## A Prelude to Lent ... Venice Carnival 2009

The Venice Carnival is the largest and most important Venetian festival, an appreciated cocktail of tradition, entertainment, history and transgression in a unique city, a festival that attracts thousands of people from around the world each year.

The Carnival has very old origins. It is a festival that celebrates the passage from winter into spring, a time when seemingly anything is possible, including the illusion where the most humble of classes become the most powerful by wearing masks on their faces.

The official start of the Venice Carnival dates back to 1296, when the Senate of the Republic made the Carnival official with an edict declaring the day before Lent a public holiday.

After an interruption lasting almost two centuries, the tradition of Carnival was rediscovered by the Municipality in 1980 and since then it has taken place every year with success. The 2009 edition, which will go on from February 13 to 24, will be called "Sensation, 6 senses for 6 districts" and will accompany

visitors in the discovery of the city's charming atmospheres, passing through the districts with a constant appeal to the senses, an invitation to immerse yourself fully into the emotional experience that only the Venice Carnival can give.

It is truly a celebration of Carnival in the dark, when the first sense that comes into play is "touch", kicking off the festivities on Saturday, February 14 in the Castello district. A sensory journey based on a show that will bring you plenty of surprises.

## For Lent ... Linguine alla Ricotta - (Linguine with Ricotta)

- 1/4 cup (1/2 stick) butter
- 1 large garlic clove, minced
- 3/4 pound ricotta cheese
- 2 tablespoons whipping cream
- 2 tablespoons chopped fresh Italian parsley
- 9 ounces linguine
- Parmesan cheese



Melt butter in heavy small saucepan over medium heat. Add garlic and saute two minutes. Combine ricotta, cream, parsley and butter mixture in large bowl. Season to taste with salt and pepper.

Cook linguine in large pot of boiling salted water until just tender but still firm to bite, stirring occasionally. Drain. Toss with ricotta mixture. Serve immediately with Parmesan cheese. Serves 2

## Valentine's Day in Italy

Romantic Festival of Valentine's Day is celebrated with enthusiasm in the beautiful country of Italy. Lovers take opportunity of the day to express love and affection for their beloved. Loads of Valentine's Day gifts are exchanged and everyone enjoys the day to the hilt.



## History of Valentine's Day in Italy

Valentine's Day was initially celebrated as a Spring Festival in Italy. Celebration for the day was held in the open air. Young people would gather in tree arbors or ornamental gardens and enjoy listening to music and reading of poetry. Later they would stroll off with their Valentine into the gardens. The custom steadily ceased over the course of years and has not been celebrated for centuries.



## Italian Club Scholarships for the 2009/2010 School Year

By Martin Nigrelle

The Italian Club will be awarding scholarships (each worth \$500.00) to three students in Catholic high school in the Seattle area.

The qualifications each recipient needs to meet are as follows:

1. A parent of the applicant (student) must be in good standing in the Italian Club for at least three years. (Grandparents are not included).
2. The applicant (student) must have a grade point average of 3.0 (with official transcript) and take part in extra-curricular activities, community service, etc.
3. The parent must attend at least three club meetings during the year.
4. Each applicant must write a letter telling about him/her self and activities in which he/she is participating.
5. The application and transcript must be post marked no later than May 1st 2009, Applications that are incomplete or missing a transcript will not be considered.
6. Winners will be announced in the June il Ficanso & the scholarships presented in person @ the September 2009 meeting

2009/2010 Italian Club Scholarship Application form:

Applicant's name: \_\_\_\_\_

Applicant's Parent(s) (Italian Club Members)

\_\_\_\_\_

High School Applicant will be attending in the 2009/2010 School year:

\_\_\_\_\_

Applicant's Mailing Address:

\_\_\_\_\_

Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

The application form is to be accompanied by:

1. Current Official Transcript
2. Letter detailing the applicant's participation in extra-curricular activities & community service

Applications are to be sent to:

Italian Club of Seattle Scholarship  
c/o Martin Nigrelle  
14539 Evanston Avenue North  
Shoreline, WA 98133



## CASA Italiana 2009 Scholarships

By Martin Nigrelle

The 2009 CASA Italiana college scholarship application is available now. *The applicant requirements are:*

The applicant must be a son or daughter of an active participating member of a qualifying organization (the Italian Club of Seattle in this case).

The qualifying member must be in good standing (dues paid), & have been a member for the previous year.

The applicant (student) must have a minimum 3.0 GPA (transcript required).

The Applicant must be attending or acted to attend an accredited College, University, Community College, or Vocational School

The application must be received no later than March 10th, 2009. Applications that are incomplete will not be considered.

Applications may be obtained by:

Contacting **Martin Nigrelle** (Italian Club Scholarship Chair) by phone **206-310-7689**, via e-mail: [martini@zune.net](mailto:martini@zune.net) or at the February Meeting.

Or e-mailing Diane Scillo: [dscillo@comcast.net](mailto:dscillo@comcast.net); [dscillo@u.washington.edu](mailto:dscillo@u.washington.edu) Diane can be reached by phone for any questions @ **206-361-7566**.



### Italian Proverbs

"Old wine and friends improve with age."

"Only your real friends will tell you when your face is dirty."

# Italian Club Calendar of Events

**General Meetings:** Dinner (\$5.00 charge) followed by meeting at 6 pm.

Meetings on SECOND Thursday of the month

**Luncheons:** 11:30 am at Marriott Courtyard (925 Westlake Avenue North) on the **THIRD Wednesday** of a designated month

**Social Hour 11:30, Luncheon 12 Noon**

**Finance & Bylaw Meetings:** 7 pm at IC office

**Trustee Meetings:** First Thursday of every other month

FEBRUARY 2009	MARCH 2009	APRIL 2009
<p>5: Trustees Meeting 12: IC General Meeting/Dinner 6pm. 18: IC Luncheon (Courtyard by Marriott)</p> 	<p>12: IC General Meeting/Dinner 6pm. 21: Crab Fest St. Alphonsus Anna Popovich, Chair</p>	<p>2: Trustees Meeting 9: IC General Meeting/Dinner</p>
MAY 2009	JUNE 2009	JULY 2009
<p>14: IC General Meeting/Dinner 6pm 20: IC Luncheon</p> 	<p>4: Trustee Meeting 11: IC General Dinner Meeting, 6pm 20: Horse Racing at Emerald Downs, Chair - Joe Galluccio 24: Baseball Night, Safeco Field Marty Negrelle</p>	<p>Summer Break No Meetings No <i>il Ficcanaso</i></p> 
AUGUST 2009	SEPTEMBER 2009	OCTOBER 2009
<p>Summer Break No Meetings No <i>il Ficcanaso</i> TBA: Feragosto, various locations TBA: Italian Community Picnic TBA: Festa Italiana - Portland</p>	<p>3: Trustee Meeting 10: IC General Meeting, 6 pm 19: Festa Italiana Mass 22: Festa Downtown Luncheon 25: Festa "Taste of Italy" 26-27: 22nd Annual Italian Festival at Seattle Center</p>	<p>8: IC General Meeting/Dinner 6pm 21: IC Luncheon TBA: Golf Tourney, Bear Creek Chair: TBA TBA: Halloween Party for kids Chair: <b>Tom &amp; Nancy Grossi</b> Mt. Virgin School Hall</p> 
NOVEMBER 2009	DECEMBER 2009	JANUARY 2010
<p>5: Trustees Meeting 12: IC General Meeting Nominations will be taken from floor for 2010 officers 6pm</p> 	<p>10: IC General Meeting/Dinner Election of Officers IC, 6pm TBA: IC Christmas Party, 5:30PM Chair: <b>Diana Kaczor</b> 12: IC Christmas Children's Party 8:30AM - Chair: <b>Molly Grossi</b> 16: IC Past Presidents Luncheon</p>	<p>14: IC General Meeting/Dinner Installation of Officers 6pm. 20: IC Luncheon</p> 



## il Ficcanaso

The Italian Club, Inc.  
P.O. Box 9549  
Seattle, WA 98109-0549

ADDRESS SERVICES REQUESTED



Visit our new website at:

[www.ItalianClubofSeattle.org](http://www.ItalianClubofSeattle.org)

### The Italianette ... Free Classes Available

I want to invite all the members of the Seattle Italian Club to enroll their children and grandchildren in the Italianette Class.

We meet the first Saturday of the month from 11:30 A.M. to 12:30 at the South Bellevue Community Center. Our goal is to keep the Italian culture and language alive. The classes are FREE OF CHARGE for

children age 6 to 12.

Please join us for Italian language class, songs and culture activities.

*Thank you, Tina Conforti*

To sign up please contact: **Tina Conforti** at **(425) 427-9515**. E-mail to [oggitaliayahoo.com](mailto:oggitaliayahoo.com)

### Ronald O. Alia

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Cell: (425) 766-1425 | (888) 345-7780

[bdijulio@hotmail.com](mailto:bdijulio@hotmail.com)  
[www.wambellevue.com](http://www.wambellevue.com)

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### JOSEPH G. MARRA

ATTORNEY

*Representing Management in the Areas of Labor and Employment Law*

701 Fifth Avenue  
Suite 4040  
Seattle, WA 98104

Phone: 206-447-0182  
Fax: 206-622-9927

Web: [www.dgpmlaw.com](http://www.dgpmlaw.com)

Email: [jmarra@davisgrimmpayne.com](mailto:jmarra@davisgrimmpayne.com)